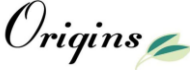






# Amsterdam High School and Wilbur Lynch Middle

## NOVEMBER 23<sup>rd</sup> – 24<sup>th</sup>

If you have any questions, please call the Director of Dining Services

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Nov. 23	Nov. 24	Nov. 25	Nov. 26	Nov. 27
 Daily alternates: Nachos w/ Cheese Sauce, Pretzel w/Cheese Sauce and Peanut Butter n' Jelly Sandwich.  Offered with every meal are assorted Fresh Fruit and Raisins.	<b>CHICKEN PATTY                      PARMESAN W/                      SPAGHETTI                      WHOLE WHEAT                      DINNER ROLL                      BROCCOLI                      APPLESAUCE</b>	<b>POTATO WEDGE                      TACO BOWL                      GREEN BEANS                      PEARS</b>	<u>CLOSED</u>  <b>THANKSGIVING                      BREAK</b>	<u>CLOSED</u>  <b>THANKSGIVING                      BREAK</b>  <span style="color: red;">25 LUNCH</span>	<u>CLOSED</u>  <b>THANKSGIVING                      BREAK</b>  
 Daily alternates: Fresh baked cheese and pepperoni pizza	<i>Today's Special</i>				
	Nov. 23	Nov. 24	Nov. 25	Nov. 26	Nov. 27
	<b>CHICKEN RANCH</b>	<b>TURKEY &amp;                      JALAPENO</b>			
<b>THE FRESH GRILLE</b> Daily alternates: Chicken patty on bun	Nov. 23	Nov. 24	Nov. 25	Nov. 26	Nov. 27
	<b>CHEESEBURGER</b>	<b>HOT DOG W/                      MEATSAUCE</b>			
 Served daily freshly prepared; Vegetable, Turkey or Ham sandwiches or wraps; Pasta salad	<i>Today's Special</i>				
	Nov. 23	Nov. 24	Nov. 25	Nov. 26	Nov. 27
	<b>SMOKED HAM                      AND TURKEY                      W/ PROVOLONE</b>	<b>CHICKEN CAESAR                      WRAP</b> 			
	Assorted pre-packaged salad combination meals with accompaniments.				

In addition, to the main entrée and choice of milk (1% low fat or low fat flavored), students may select up to two side dishes which may include: daily selection of fruit (fresh or chilled), vegetables, bread or other starches and/ or available dessert.

 "Balanced Choices meals" meet precise nutritional guidelines when all featured menu items are selected.

Menu subject to change without notice

Student Lunch price: \$1.25 • Reduced meal price: \$0.25 • Milk price: \$ .40 • Adult Lunch price: \$2.96