

**Amsterdam Elementary Schools
Grades K-5 Breakfast Menu
NOVEMBER 2009**

If you have any questions, please call the Director of Dining Services

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg Patty w/ Canadian Bacon On English Chilled Fruit, Milk ½ DAY, NO LUNCH	3 French Toast Sticks Syrup Raisins Milk ½ DAY, NO LUNCH	4 English Muffin w/ Peanut Butter Chilled Juice Milk	5 Tootie Fruitie Cereal Chilled Fruit White Milk Choice	6 Egg & Cheese Omelet Slice of Toast Raisins Milk
9 Waffles Syrup Chilled Fruit Milk	10 Ham & Cheese Slyders On Whole Wheat Dinner Rolls Raisins Milk	11 CLOSED VETERAN'S DAY	12 Cinnamon Toaster Cereal Chilled Fruit White Milk Choice	13 CLOSED SUPERINTENDENT'S DAY
16 Egg Patty w/ Cheese On English Muffin Chilled Fruit Milk	17 French Toast Sticks Syrup Chilled Juice Milk	18 Ham, Egg, & Cheese Breakfast Pizza Chilled Fruit Milk	19 Blueberry Squares Yogurt Raisins Milk	20 Egg & Cheese Omelet Slice of Toast Raisins Milk
23 Bagel w/ Cream Cheese Grape Juice Milk	24 Pancakes Syrup Raisins Milk	25 CLOSED THANKSGIVING BREAK	26 CLOSED THANKSGIVING BREAK	27 CLOSED THANKSGIVING BREAK
30 Waffles Syrup Chilled Fruit Milk				

Student Breakfast price: \$.70 • Reduced meal price: \$0.25 • Milk price: \$0.40

**PRE-PAID MEALS ARE AVAILABLE
MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**For a nutritional analysis of this menu please call 843-5634
Any delay in the opening of school no breakfast will be served.**

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